LONG COURSE

Finish	Bib	First Name	Last Name	Division	Time
1	206	Christian	Belair	M30	0:46:00.9
2	416	Rob	Lefebvre	M30	0:46:47.0
3	193	Dan	Contant	M40	0:47:12.0
4	527	Mark	Williams	M30	0:47:40.4
5	127	Joe	McNamara	M40	0:47:50.8
6	418	Eric	Nielsen	M20	0:48:36.2
7	120	Terry	Lauzon	M40	0:49:39.3
8	153	Dale	Witty	M40	0:50:36.7
9	402	Phil	Barnes	M40	0:51:26.1
10	405	Jacin	Lapointe	M30	0:52:10.8
11	403	Pierre-Alexandre	Nadeau	M30	0:52:49.0
12	404	Andree-Anne	Richer	F30	0:52:51.0
13	257	Benoit	Gagnon	M40	0:53:53.6
14	114	Malik	Croney	M10	0:54:07.2
15	387	Rob Kevin	Allen Rayburn	RELAY	0:54:15.9
16	177	Adam	Weight	M30	0:54:17.3
17	397	Emma	Saaltink	F20	0:54:42.3
18	398	Rik	Saaltink	M50	0:54:54.9
19	115	Mathias	Croney	M10	0:55:18.6
20	395	Robin	Waller	M40	0:57:17.6
21	231	Gary	Jans	M50	0:58:19.9
22	399	Guylaine	Barnes	F40	0:58:44.4
23	379	Jamie	Tyrell	M30	1:00:45.1
24	433	Bruno	Barrette	M50	1:04:51.7
25	417	Jessica Tony	Vanderveen	RELAY	1:07:55.5
26	225	Josee	Gagne	F30	1:10:54.0
27	301	Susan	Kersley	F60	1:14:11.9
28	396	Sandra	Waller	F40	1:16:24.7
29	278	Donna	Magher	F60	1:20:09.2

SHORT COURSE

Finish	Bib	First Name	Last Name	Division	Time
1	400	Andrew	Barnes	M10	0:35:25.2
2	454	Annabelle	Martensen	F20	0:39:55.1
3	415	John	Warner	M60	0:40:46.9
4	401	Robbie	Duval	F40	0:47:17.8